

琉球古武道哲心館

Ryukyu Kobudo Tesshinkan Annual Spring Gasshuku 09 Chilliwack, BC, Canada

Friday, April 3, 09

- 12 noon – 1pm – Welcome, introductions. Ryukyu Kobudo theory and History. Makiwara
- 1pm – Kata demo - Yuniga no Kun, Chinen Shikiya Naka no Kun, Choun no Kun, Kugusuku no Sai, Kanegawa no ni cho Gama etc.
- 1:30 – 2:30 – Yara Gwa no Tunfa bunkai drills and Yara Gwa no Tunfa
- 2:30 – 3pm – break
- 3pm -4:30 - Bo no Kihon with bunkai drills
- 4:30 – 5:30 – Chikin Shita Haku no Sai & Chatan Yara no Sai w/ bunkai
- 6:30 – 8pm – Bo vs Bo Yakusoku kumite, Shushi no Kun Sho and Dai
- 8pm – Video's and discussion at the dojo.

Saturday, April 4, 09

- 8 am (@ school sportsfield) Uchina Hatagashira – Okinawan festival flagpole event
- 9am – 10 – Nunchaku Kihon with Tichiki
- 10am – 11 – Maezato no Nunchaku kata and knife bunkai drills
- 11am – 12 – Hama Higa no Tunfa and Hama Higa no Sai
- 12 noon – lunch break
- 1pm – 2 – Hanta Gwa no Sai
- 2pm – 3 – Maezato no Tekko and Akamine no Nunchaku
- 3pm – 4 – Sakugawa no Kun Sho and Dai
- 4pm – Bo vs Sai no Yakusoku Kumite
- 5pm – 6 Individual Kata demonstrations and discussions
- 5 - 6pm - Group Photo's, Okinawan Soba in the dojo,
- 7 pm - Aikido and Iaido Demonstrations

Sunday, April 5, 09

- 9am – 10 – Kanegawa no Tinbe Rochin with bunkai drills against Eku & Tsuken Sunakake no Eku
- 10am – 11 - Bo tai Eku Kumite
- 11am – 12 – Urasoe no Kun
- 12noon – Saiyonara at dojo
- 2pm – Vancouver sightseeing, Chinatown, Gastown, Robson St., Grouse Mtn, Capilano etc.

Post Note – I'm sure this much information appears overwhelming to a beginner but please understand that the information is "available but not required" You are expected to participate to your own capabilities. Beginner to Yondan.